



MA BLEND

CAFÉ + CO

ALL DAY BREAKFAST

Toasted sourdough	\$6.50
with jam & butter, Vegemite, peanut butter + Gluten free 1.00 + Fruit toast 1.00	
BIG BREAKFAST	\$25.50
Two fried eggs or poached eggs, grilled bacon, chorizo, grilled tomato, spinach, hashbrown, sauté mushrooms +\$1.00 Scrambled eggs	

EGG BENEDICT (GFO)	\$21.00
Grill bacons, sauteed spinach, poached eggs, hollandaise sauce on toasted English muffins. Change to pulled pork \$3.00, smoked salmon \$6.00	

MENU

FOOD

AVOCADO BRUSCHETTA (V/GFO) \$22.50

Avocado, cherry tomato, fresh herbs, feta cheese, poached egg, dukkha crust, balsamic glazed on toasted sourdough.

NOURISH BOWL \$21.00

Quinoa & black rice, house made falafel, seasonal greens, sweet potato, tomato, avocado, corn, spicy chickpeas, black garlic yogurt and toasted pitta bread

Add Chicken \$6.00 | Poached Egg \$2.00

ROTI BREAKFAST \$21.50

Fried chicken on roti bread, fried egg, curry gravy, chilli & spring onions

WILD MUSHROOM BREAKFAST (V/GF) \$22.90

Fluffy egg Omelette, sautéed wild mushrooms with teriyaki sauce, fried ginger & spring onions

BREAKFAST PAVLOVA (GF/V) \$20.50

Pavlova topped with passion fruit coulis, cream cheese, seasonal fruits & chai spiced maple syrup.

FRENCH TOAST (V) \$19.50

Caramelized banana, cinnamon cream, Biscoff crumbed, vanilla ice cream & fresh berries

CROQUETTE \$24.50

Corn & Zucchini croquets, Smoked salmon, Avocado, fetta, poached eggs & fresh herbs

BUILD YOUR OWN BREAKFAST (V) \$13.00

Eggs on toasted sourdough
Poached, Fried or Scrambled eggs

TOASTIES

REUBEN SANDWICH \$16.00

New York style pastrami, pickles, mozzarella cheese, mustard and ranch sauce in sourdough

TUNA MELT TUNA \$15.50

Sweet chili mayo, edamame beans, corn, Mozzarella cheese in sourdough

CHICKEN PARMA PRESS \$16.90

Chicken Schnitzel topped with Napoli sauce, ham, cheese and fresh basil in sourdough

ATLANTIC BAGEL \$15.90

Smoked salmon, cream cheese, avocado, pickled onions, rocket leaves in seeded bagel

EXTRAS

GRILLED CHORIZO \$6.50, SLICED AVOCADO \$3.00, MASHED AVOCADO \$5.00, TWO RASHERS OF BACON \$6.00, SAUTEED TOMATO \$3.00, SAUTEED MUSHROOMS \$4.00, SAUTEED SPINACH \$3.50, SLICED SMOKED SALMON \$4.00, FETA CHEESE \$3.00, HASH BROWN \$3.00, SLOW COOKED BARBACOA BEEF \$5.00

Sorry no substitutions, please advise our staff or when any allergies when ordering while all care is taken. Cross contamination may occur.

- GF- Gluten Free, GFO- Gluten Free Option
- V- Vegetarian, VG- Vegan, DF- Dairy Free

PLACE YOUR ORDER

FOLLOW US ON



FRESH JUICE

STRAIGHT JUICE	\$8.00
Orange Juice, Watermelon, Apple +1.00	
IMMUNITY	\$9.00
Orange, Pineapple, Ginger, Lemon, Turmeric	
CAROTENE	\$9.00
Carrot, Orange, Ginger, Lemon	
O POSITIVE	\$9.00
Orange, Beetroot, Watermelon, Apple	
DETOX	\$10.00
Granny Smith Apple, Kale, Cucumber, Lemon, Celery, Mint	

SMOOTHIE

\$10.00

SUMMER BERRIES

Seasonal Berries, Yoghurt, Apple Juice, Chia Seeds & Honey

B & B

Banana, Nutella, Dates, Almond Milk, Oats

GREEN NUTRA

Granny Smith Apple, Avocado, Kale, Spinach, Flax Seeds, Coconut Water

TROPICAL PARADISE

Mango, Banana, Pineapple, Passionfruit, Honey, Coconut Milk

ACAI PUNCH

Banana, Mango, Acai Berries, Almond Milk

*EXTRA

Fruits or Vegetables \$2.00, Pea Protein Powder \$2.00, Seeds \$1.00

SHAKES

TRADITIONAL SHAKES	\$7.50
Chocolate, Vanilla, Blue Heaven, Strawberry	
SIGNATURE SHAKES	\$9.50
Milo, Biscoff, Nutella, Oreo, Snickers	

MENU

DRINKS

COFFEE

LATTE, CAPPUCCINO, FLAT WHITE, MOCHA,
DOUBLE ESPRESSO, LONG MACCHIATO,
HOT CHOCOLATE, WHITE HOT CHOCOLATE
TAKE AWAY: S \$4.50 | R \$5.00 | L \$5.50
DINE IN: S \$4.50 | R \$5.00

NON COFFEE

Beetroot Latte, Matcha Latte, Turmeric Latte,
Spiced Chai, Vanilla Chai
S \$5.00 | R \$5.50 | L \$6.00
Parna Chai (Fresh Chai)
S \$5.50 | R \$6.00 | L \$6.50

TEA POT

\$5.00

English Breakfast, Earl Grey, Green Tea,
Peppermint, Lemongrass, Ginger

*EXTRA

Milk, Almond Milk, Oat Milk, Soy Milk, Coconut,
Lactose Free \$1.00
Fresh Ground Decaf, Shot of Coffee \$1.00
Syrups (Vanilla, Caramel, Hazelnut) \$0.50

SOFT DRINKS

Coke, Coke Zero, Vanilla Coke, Pepsi Max, San Pellegrino sparkling water, Pump water (600ml) \$6.00
Spring water \$4.00
Cold Press Juice (Tropical, Orange, Antiox, Energise) \$7.00
Energy drink (Mother, Red Bull, V, Monster) \$6.00

COLD DRINKS

\$8.50

ICE CHOCOLATE

Dutch chocolate, ice, milk, ice cream

ICE MOCHA

Freshly brewed coffee, chocolate, ice, milk, ice cream

ICE CHAI LATTE

Spiced chai, ice, milk, ice cream

VIETNAMESE ICE COFFEE

Freshly brewed coffee, ice, milk, condensed milk

TIRAMISU ICE COFFEE

Freshly brewed coffee, ice, milk, cream cheese & dutch chocolate

MATCHA

\$8.50

ICED MATCHA LATTE

Milk, matcha, ice & whipped cream

ICED STRAWBERRY MATCHA

Milk, matcha, strawberry coulis, ice & whipped cream

ICED COFFEE MATCHA

Milk, matcha, freshly brewed coffee, ice & whipped cream

ICED TROPICAL MATCHA

Milk, matcha, mango & passionfruit coulis, ice & whipped cream

ICED HAZELNUT MATCHA

Milk, matcha, chocolate hazelnut spread, ice & whipped cream

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SALADS

KALE CAESAR SALAD (GFO) \$19.50

Grilled blacken chicken, cos lettuce, shredded kale, cherry tomato, crispy bacon, parmesan cheese, soft egg, croutons & Ranch dressing

THAI CRUNCH (V/GF). \$18.00

Tempera tofu, vermicelli noodles, broccoli, fresh herbs, fresh chilli, peanuts, spring onion, capsicum, edamame with sweet soy dressing

FARMERS GOODNESS (GF). \$20.00

Barbacoa beef, spinach, rocket, roasted sweet potato, broccoli, beets, pickled onion, parmesan cheese, beans, toasted seeds with ranch sauce.

MEXICAN GREEN SALAD. \$18.00

Blacken chicken, cos lettuce, rockets, black beans, avocado, cheese, corn, cherry tomato, coriander, jalapenos, pickled onion, tortilla chips with tangy and cilantro dressing

PASTA

CHICKEN, MUSHROOMS CREAMY PENNE \$22.50

Grilled chicken, mushrooms, creamy garlic sauce, avocado, baby spinach & penne pasta serve & shaved parmesan

BEEF RAGU FETTUCCINE \$23.50

Slow cooked beef, rich tomato ragu sauce, cherry tomato, confit garlic, fresh herbs, fettuccine & parmesan cheese

WILD MUSHROOMS RISOTTO (V/GF) \$23.00

Slow cooked rice with white wine, assorted wild mushrooms, fresh herbs, black garlic, toasted walnut crumbed & parmesan.

+Grilled chicken \$5.00

MENU

FOOD

BURGERS

TOKYO CRUNCH \$18.50

Japanese style fried chicken, pickles, coleslaw, cheese & sticky chili sauce in brioche bun & serve with crunchy chips

FAT BOY \$21.50

Double cheeseburger topped up with, fried egg, grilled bacon, American cheese, pickles, tomato, lettuce, aioli in brioche bun, serve with crunchy chips

AUSSIE SANGA \$23.50

Grilled scotch fillet, grilled bacon, fried eggs, beetroot relish, tomato, caramelized onion & pepper, cheese in toasted Turkish roll & serve with crunchy chips.

PULLED PORK \$18.50

Mexican spiced Slow cooked pork, chilli & cilantro slaw, grilled bacon, American cheese, ranch in brioche bun & serve with crunchy chips.

BARBACOA BEEF \$19.00

Slow cooked Mexican style beef, red cabbage slaw, cheese, jalapenos, avocado, chipotle sauce in brioche bun & serve with crunchy chips.

FALAFEL SOUVLAKI \$17.90

House made falafel, tomato, lettuce, cheese, beetroot relish, pickled onion, Turkish pepper, garlic ranch in pitta bread & serve with crunchy chips.

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MAINS

CHICKEN PARMIGIANA & CHIPS \$23.00

Panko crumbed chicken breast, ham, cheese, Napoli sauce, serve with chips.
+Rocket side salad \$4.00

FISH & CHIPS \$24.00

Battered two fillets of fish serve with crunchy chips & lemon aioli.
+Rocket side salad for \$4.00

FRIED CALAMARI \$24.00

Mediterranean spiced fried calamari serve with chips, rocket salads & lemon aioli.

NASI LEMAK (GF) \$20.00

Malaysian style red chicken curry serves with steamed rice, toasted peanuts, cucumber, fried egg, fried dry fish & sambal

CHICKEN KATSU CURRY \$19.50

Panko crumbed chicken curry serve with Japanese curry sauce, steamed rice, Kewpie mayo & Pickles.

SHARING

CRUNCHY CHIPS (V) \$8.50

with garlic aioli

POTATO WEDGES (V) \$10.00

with sour cream & sweet chilli sauce

CHIPS & GRAVY \$12.00

DEVIL CHICKEN \$12.50

with curry mango sauce (3)

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